

Goal-Setting Skills Assessment

Purpose: GSSA will evaluate whether a person's goal-related attitude and behavior are conducive to success

No. of questions: 31

Question type: Self-report

Estimated completion time: 5 minutes

Shorter versions of assessment: N/A



Report Includes:

- Summary
- Introduction
- Graphs
- Detailed narrative interpretation
- List of Strengths and Limitations
- Advice

Factors and Scales:

Overall Score plus 3 scales:

- Use of Goal-setting Techniques: Adoption and utilization of solid strategies to help set and achieve goals.
- Self-efficacy: Belief that one has what it takes to not only set challenging goals but to follow through with them as well.
- Locus of Control: Assesses whether a person attributes the ability to achieve his or her goals to external or internal causes.

APPLICATION:

- Pre-employment